

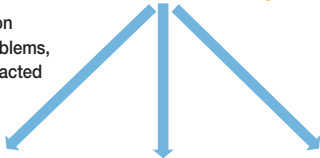
# Vision–Desire–Goal

If you look up and stay focused on your goal, you can minimize your self-limiting beliefs, problems, and concepts.



## Current Reality

If you look down and focus on your self-limiting beliefs, problems, and concepts, you'll be distracted from your goal.



Beliefs

Concepts

Problems